



PETER C. ALDERMAN FOUNDATION  
*Sowing the seeds that heal the sorrow*

## PETER C. ALDERMAN FOUNDATION



### OUR STORY

Peter Alderman was murdered by terrorists on September 11, 2001. He was 25 years old when he died. Peter never had the chance to decide if he wanted to leave a mark on the world, so we are leaving one on his behalf. To honor his memory we chose to help those people who had survived terrorism and mass violence but were left unable to live their lives.

**The Mission:** to heal the emotional wounds of victims of terrorism and mass violence by training doctors and establishing clinics in post-conflict countries around the globe.

**The Challenge:** One billion people, a sixth of humanity, have directly experienced torture, terrorism or mass violence. For those who are lucky enough to survive, incapacitating PTSD and traumatic depression are often the silent outcome, keeping them from normal function. Untreated, the problem extends into the next generation and beyond.

**The Solution:** The solution is to create a sustainable, culturally effective mental healthcare system. By training indigenous caregivers and establishing mental health clinics to provide appropriate treatment in their local villages and communities, 80% of the victims of global terrorism and mass violence can be returned to productive lives.

**The Method:** Our unique clinical model has three components: training indigenous healthcare workers to treat their own countrymen, forming private/public partnerships with local stakeholders, and leveraging these relationships to treat the country's wounded population.

**The Focus:** We have trained doctors from Afghanistan, Bosnia-Herzegovina, Cambodia, Chile, Indonesia, Iraq, Italy, Macedonia, Peru, Rwanda, Spain, Republic of Srpska and Uganda. We operate two clinics in Cambodia, two in Uganda and will open two more in Rwanda with Partners in Health on May 1, 2008.

#### **Barron's**

Saturday, November 24, 2007

Barron's names the **Peter C. Alderman Foundation** one of the ten most effective small charities in America

[www.petercaldermanfoundation.org](http://www.petercaldermanfoundation.org)



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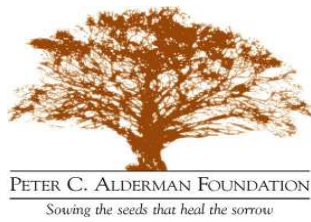
## **PETER C. ALDERMAN TRAINING PROGRAM**



**The Training Program, created in partnership with the Harvard Program in Refugee Trauma, provides local caregivers in post-conflict countries with the tools to treat the emotional wounds of their victimized populations.**

- Doctors are trained by an international faculty with expertise in the care of traumatized populations.
- Doctors incorporate Western techniques with local healing traditions to provide culturally appropriate care for each country.
- 37 doctors from 12 countries on four continents have been trained.
- They, in turn, have trained more than 300 healthcare workers around the world.
- Over 60,000 victims have been treated by Foundation trained personnel.

**By returning victims to purposeful lives, these caregivers not only improve the social, political and economic welfare of their communities, but also halt the progression of traumatic depression Post-Traumatic Stress Disorder (PTSD) from generation to generation.**



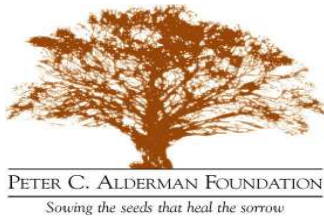
## **PETER C. ALDERMAN MENTAL HEALTH CLINICS**



**Peter C. Alderman Mental Health Clinics return victims of torture, terrorism and mass violence to productive lives. They are Centers of Excellence serving as a model for global replication.**

- PCAF conducts a thorough needs assessment prior to establishing each clinic.
- PCAF partners with local governments, medical schools and religious institutions, deeply embedding itself in the country it serves.
- The Clinic staffs are trained to provide victims with culturally appropriate and sustainable treatment.
- Impact studies are regularly conducted to evaluate patient outcomes and staff performance.
- PCAF continues its financing as long as a Clinic produces positive results.

**The first Peter C. Alderman Clinic opened in March 2005 in Siem Reap, Cambodia. A second Clinic in Soutr Nikum, Cambodia opened in 2006. The first Uganda Clinic opened in Tororo in early 2007. The second Uganda Clinic opened in Gulu in January 2008. The Foundation, invited by the Government of Rwanda, has joined with Partners in Health to establish mental health clinics in Rwinkwavu and Kirehe, Rwanda to open in mid 2008.**



## **PETER C. ALDERMAN INTERNATIONAL SOCIETY**



**The Foundation is building internationally respected peer groups of health professionals. They are influencing government policy makers to exert the political will to apply the economic resources to heal their traumatized populations.**

- With 300 members in 12 nations world-wide, PCAF offers essential peer support of its healthcare professionals who often work in difficult situations.
- The Foundation supports a website where Society members may access an online publication, *The Peter C. Alderman Medical Letter*, which critically evaluates cutting-edge treatments.
- Through the website, Society members may share treatment challenges and outcomes, obtaining consultations as needed.

**Within 5 years, the Peter C. Alderman International Society will publish a peer-reviewed professional journal for specialists in the treatment of victims of terrorism and mass violence. They will teach a curriculum required in medical schools around the world. Society members advance the treatment of victims of torture, terrorism and mass violence around the globe.**

## PETER C. ALDERMAN



Peter Alderman died at 25, yet his was a life well-lived, for he truly understood the meaning of love and friendship. Peter grew up in Scarsdale, NY, and graduated from Scarsdale High School in 1994 and from American University in 1999. He was working for Bloomberg LP when he was murdered by terrorists on September 11, 2001. Peter literally had hundreds of friends. Although he was bright and funny and knew how to have a good time, most importantly, Peter was caring and compassionate. To quote a friend, “If life is measured in love, then Peter’s was an exemplary one. Peter was loved by so many because he himself loved. His loving way was radiated through his smile; from the first moment you saw his smile you knew in your heart that he was a friend. When you were around Peter, it made you a better person, not because of anything he said or did, but simply because his mere presence brought you joy.”